

<CONTENTS> RESEARCH IN EXERCISE EPIDEMIOLOGY Vol.19 No.1

Preface

Rei Ono
(Kobe University Graduate School of Health Sciences)

Original Article

- Factors Associated with Children's Cognitive Appraisals of Exercise 1
Haruka Ono, et al.
(Graduate School of Psychology, J. F. Oberlin University)
- Impact of the Intervention to Increase Physical Activity in Elementary School Children 12
Yuta Nemoto, et al.
(Graduate School of Sport Sciences, Waseda University)
- Longitudinal Relationship of Participation in Sports Club Activities with a Sense of Coherence and
Psychological Distress in University Students: an Analysis of Three Data Points over a Period of 2 years 24
Taishi Tsuji, et al.
(Center for Preventive Medical Sciences, Chiba University)
- Associations between Parent's Educational Levels and Children's Time Spent in Exercise..... 36
Mitsuya Yamakita, et al.
(Health Sciences Section, Center for Human and Social Sciences,
Kitasato University College of Liberal Arts and Sciences)

Practice Article

- A Weight-Loss Program that Uses a Behavioral Approach and a Diet and Exercise Intervention (the Saku
Control Obesity Program; SCOP): JAEE Research Project "Evidence from Intervention Studies" 44
Makiko Nakade, et al.
(Faculty of Health and Welfare, Tokai Gakuin University)

Secondary Publication

- Group Exercise for Adults and Elderly: Determinants of Participation in Group Exercise and its Associations
with Health Outcome – Secondary Publication of Review Article Published in the Journal of Physical Fitness
and Sports Medicine in Japanese 54
Satoru Kanamori, et al.
(Department of Preventive Medicine and Public Health, Tokyo Medical University,
Human Resource Management Department, ITOCHU Techno-Solutions Corporation)
- Associations between Perceived Health Benefits and Barriers to Strength Training, and Stages of Change for
Strength-Training Behavior among Older Japanese Adults: Secondary Publication in Japanese Language of an
Original English Article Published in the Journal of Physical Activity and Health 62
Kazuhiro Harada, et al.
(Graduate School of Human Development and Environment, Kobe University,
Faculty of Sport Sciences, Waseda University)

Information