

<CONTENTS> RESEARCH IN EXERCISE EPIDEMIOLOGY Vol.15 No.2

Preface

Koichiro Oka
(Faculty of Sport Sciences, Waseda University)

Review Article

- Key Issues for Evidence-based Population Strategies in Promoting Physical Activity:
Theories and Frameworks of Population Health Intervention Research 61
- Masamitsu Kamada
(Department of Health Promotion and Exercise, National Institute of Health and Nutrition,
Japan Society for the Promotion of Science)

Original Article

- Does Three Months of Tai Chi Yuttari-exercise Improve the Cardio-ankle Vascular Index?
Randomized Controlled Trial 71
- Kohei Mori, et al.
(Faculty of Allied Health Sciences, Therapeutic Exercise Research Laboratory,
Kansai University of Welfare Sciences)
- Associations of Perception, Attitude, Action and Belief to Power Saving with Physical
Activity Level 81
- Kuniko Araki, et al.
(Faculty of Sport Sciences, Waseda University)

Series

- Physical activity cohort studies in Japan (5)
The Oroshisho Longitudinal Study 91
- Haruki Momma, et al.
(Division of Biomedical Engineering for Health & Welfare,
Tohoku University Graduate School of Biomedical Engineering)

Information