

<CONTENTS> RESEARCH IN EXERCISE EPIDEMIOLOGY VOL.12

Preface

Yoshihiko Naito
(School of Human Environmental Sciences, Mukogawa Women's University)

Original

Validity and Reproducibility of the Self-Administered Shorter Version of the Physical Activity
Questionnaire Used in the JPHC Study 1

Fujimi Takeda-Imai, et al.
(Epidemiology and Prevention Division, Research Center for Cancer Prevention and Screening,
National Cancer Center)

The 12th annual conference of the Japanese Association of Exercise Epidemiology

【Special Lecture】 Evaluation of Kenkou Nippon 21 and Future Policy of Health Promotion 13

Hiroshi Yanagawa
(Professor Emeritus at the Jichi Medical University)

【Educational Lecture】 What is Evidence for the Health Promotion?

–Study Design of Evidence Based Epidemiology– 15

Yoshikazu Nakamura
(Department of Public Health, Jichi Medical University)

【Educational Lecture】 What is Support for the Health Promotion?

–Health Promotion to Get an Outcome– 25

Akira Babazono
(Graduate School of Medical Sciences, Kyushu University)

【Symposium 1 : Improvement of the Exercise Habits in the Prime of Life
and Possibility of Workplace Health Promotion】

Improvement of the Exercise Habits in the Prime of Life and Possibility of
Workplace Health Promotion 27

Hiroshi Fukuda, et al.
(Juntendo University School of Medicine)

【Symposium 2 : A New Population Strategy to Improve Exercise Habits in Japanese】

A New Population Strategy to Improve Exercise Habits in Japanese 28

Yukio Oida
(School of Information Science and Technology, Chukyo University)

Significance and the Outcome of the Challenge Day as the Community Population Strategy 29

Naoyuki Fujiwara, et al.
(Sasagawa Sports Foundation)

The Trial from Urban Transport Discipline

– The Mobility Management to Improve Health and Environment – 30

Takayuki Morikawa
(Graduate School of Environmental Studies, Nagoya University)

Media Campaign for Exercise Behavior Change 31

Eiichi Nishine
(McCANN HEALTHCARE WORLDWIDE JAPAN)

Proceedings 32

R/E/P/O/R/T

The 10th Seminar of Exercise Epidemiology 94

Information